

### Ziplock bags

Very helpful to have variety of sizes. I use to organize things, protect camera from dust and rain, keep liquids from leaking etc. I bring the extra, extra large ones (2 gallon freezer size) as well as a variety of small ones.

### Laundry stuff

Small cord, a few clothes pins and a small bottle of woolite or other laundry soap to wash undies or clothes if so desire.

### \*Prescription Medications

Bring extra of ALL POSSIBLE medications you may need. You get migraines once in a blue moon? Bring medicine with you!!! You won't be able to get anything once we're in the bush!!

You may want to talk to your doctor about bringing an antibiotic with you such as Ciprofloxacin or Metronidazole.

*It is recommended by travel experts to keep all prescription medicines in their original and labeled containers PARTICULARLY CONTROLLED SUBSTANCES. THE LAWS HAVE CHANGED AND THEY ARE REALLY CRACKING DOWN ON THIS. If you have medications requiring the use of a syringe you might also bring a note from the doctor or be sure you have the original prescription that came on the box etc.*

**\* Anti-malarial pills - DON'T FORGOT TO BRING THESE WITH YOU! VERY, VERY IMPORTANT!!!!!!!!!!!!!!**

### Snacks etc.

Bring raisins, granola bars, nuts, sunflower seeds etc. if you tend to get hungry between meals. We put your snacks into the small snack size ziplock to grab in the morning. These are then all kept in a tupperware type containers. Ants can smell these kinds of things and find a way into your tent - then they will eat through ziplocs! Remember not to bring anything that will melt.

If you require Decaf coffee bring your own instant. Also any sweeteners you might desire if you don't want to use sugar.

### Anti bacterial soaps and wipes

The wipes are very convenient for quick clean ups in the bush or on the plane.

### Feminine Items

Please bring whatever you need with you as these items are not readily available in the bush.

